



**FINISHED PRODUCT SPECIFICATION (US) | Retail**

**Plant-Based Fish Sticks, Breaded**



<b>Product Description</b>	Plant-based breaded fish sticks are ready to cook and serve as snacks and appetizer.
<b>Item Code</b>	100300FG01020133
<b>UPC</b>	00859543007300
<b>SCC</b>	10859543007307
<b>Ingredients</b>	<p>WATER, WHEAT FLOUR, GOOD CATCH® 6-PLANT PROTEIN BLEND (PEA PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, CHICKPEA FLOUR, FABA PROTEIN, LENTIL PROTEIN, SOY PROTEIN ISOLATE, NAVY BEAN POWDER), SUNFLOWER OIL, CORN STARCH, NATURAL FLAVORS, METHYLCELLULOSE, YEAST EXTRACTS, SUGAR, CORN MALTODEXTRIN, SALT, ONION POWDER, YEAST, CORN FLOUR, GARLIC POWDER, SPICES, XANTHAN GUM, ANNATTO EXTRACT, ACETIC ACID.</p> <p><b>CONTAINS SOY AND WHEAT.</b></p>

**Sensory and General Standards:**

<b>Color</b>	Uniform golden yellow.
<b>Texture</b>	Flaky whitefish texture with light and crispy bread coating.
<b>Flavor</b>	Typical breaded fish flavor. No rancid or off notes.
<b>Aroma</b>	Typical breaded fish note. No rancid, off or strong odor.
<b>Approx. Piece Weight</b>	22.7g



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**Food Safety and Quality Standards:**

- This product is processed under sanitary conditions in accordance with good manufacturing practices and HACCP/ Food Safety Plan.
- This product complies with the specified requirements listed below sections.

**Nutritional Information:**

<b>Nutrition Facts</b>				
2 servings per container				
<b>Serving size</b>		<b>5 Plant-Based Breaded Fish Sticks (113g)</b>		
<b>Calories</b>	Per serving		Per container	
	<b>220</b>		<b>430</b>	
	% Daily Value*		% Daily Value*	
<b>Total Fat</b>	11g	<b>14%</b>	23g	<b>29%</b>
Saturated Fat	1g	<b>5%</b>	2.5g	<b>13%</b>
<i>Trans</i> Fat	0g		0g	
<b>Cholesterol</b>	0mg	<b>0%</b>	0mg	<b>0%</b>
<b>Sodium</b>	460mg	<b>20%</b>	930mg	<b>40%</b>
<b>Total Carbohydrate</b>	17g	<b>6%</b>	34g	<b>12%</b>
Dietary Fiber	1g	<b>4%</b>	1g	<b>4%</b>
Total Sugars	1g		2g	
Includes Added Sugars	0g	<b>0%</b>	0g	<b>0%</b>
<b>Protein</b>	12g	<b>15%</b>	24g	<b>30%</b>
Vitamin D	0mcg	0%	0mcg	0%
Calcium	30mg	2%	50mg	4%
Iron	2mg	10%	3.9mg	20%
Potassium	80mg	2%	170mg	4%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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**Allergen Information:**

Allergens/ Sensitizers of Interest	Present in Product	Present in other products on same production line	Present in Same Facility
Peanuts and its derivatives	No	No	No
Tree Nuts and its derivatives	No	No	No
Milk and its derivatives	No	No	No
Eggs and its derivatives	No	No	No
Soy and its derivatives	Yes	Yes	Yes
Wheat and its derivatives	Yes	Yes	Yes
Fish and its derivatives	No	No	No
Crustacean Shellfish and its derivatives	No	No	No
Molluscan Shellfish and its derivatives	No	No	No
Mustard	No	Yes	Yes
Sesame	No	No	No
Sulfites (added)	No	No	No
Sulfites (naturally occur)	<10 ppm	Yes	Yes
Gluten (e.g. barley, rye, and oats)	Yes - Wheat	Yes - Wheat	Yes - Wheat
Celery and its derivatives	No	Yes	Yes
Lupin	No	No	No
Monosodium Glutamate	No	No	No
Seeds (e.g. poppy, sunflower, cottonseeds)	No	No	No

**Microbe Specification:**

*\*these parameters are not tested on every lot\**

Microbe	Specification Limits	Method
Aerobic Plate Count	$\leq 1.0 \times 10^7$ cfu/g	AOAC 990.12, 986.33, 989.10
Enterobacteriaceae	$\leq 1.0 \times 10^4$ cfu/g	AOAC 2003.01



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Product Picture



Products in Packaging



#### Cooking Instruction:

**The product is not ready to eat, and it is uncooked.**

The product is ready to cook.

- Stovetop instructions:
  1. Cook from frozen, preheat skillet over medium heat and add 2 tsp of oil.
  2. Place frozen fish sticks on skillet.
  3. Cook fish sticks for 7-8 minutes in total until golden brown and crispy (flipping halfway).
- Air Fryer instructions:
  1. Cook from frozen, preheat air fryer at 360°F (182°C).
  2. Lightly brush/spray frozen fish sticks with oil. Air fry fish sticks for 10 minutes then flip.
  3. Air fry for another 2-4 minutes until golden brown and crispy.
- Toaster Oven Instructions:
  1. Cook from frozen, preheat oven at 425°F (218°C).
  2. Lightly brush/spray pan and frozen fish sticks with oil. Bake fish sticks on tray for 15 minutes then flip.
  3. Bake fish sticks for another 6-7 minutes until golden brown and crispy.

Suggestion: Let stand for 1—2 minutes before serving. Individual appliances may vary. For food safety, cook thoroughly until internal temperature reaches 165°F (74°C). These cooking instructions are guidelines only.



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#### Other Product Attributes:

<b>Shelf Life</b>	12 months
<b>Recommended Storage</b>	Frozen at -18 °C or 0 °F
<b>Country of Origin</b>	USA
<b>National Bioengineered (BE) Food Disclosure Standard Declaration</b>	Contain bioengineered ingredients but considered to be non-detectable per 7 CFR 66.9
<b>Vegan Statement</b>	Suitable for a vegan diet

#### Packaging Materials:

<b>Primary Packaging</b>	PA/EVOH/PE Coextruded film
<b>Secondary Packaging</b>	Corrugated liner combination 35-23-35 (Recycled 35# liners with a recycled 23# medium)

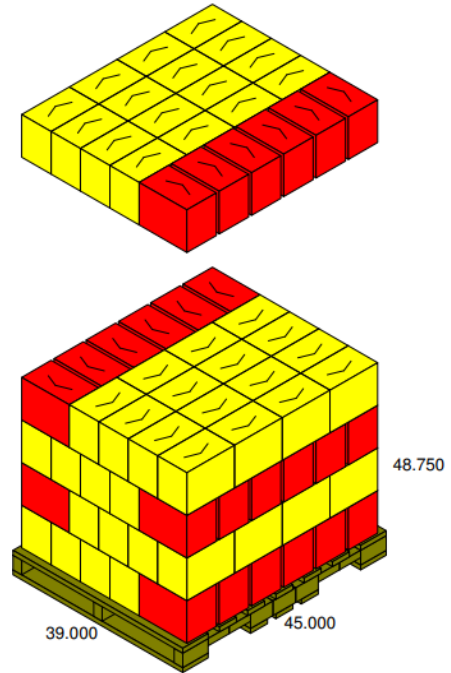
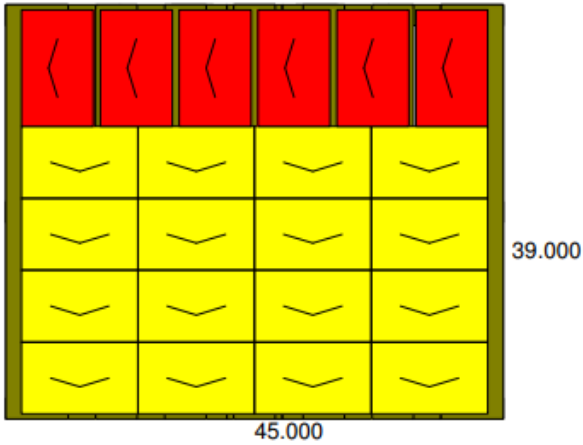
#### Packaging Details (1 case):

<b>Unit Weight</b>	8 oz or 227 g (10 sticks) per pouch, hermetically sealed
<b>Unit Minimum Weight</b>	218 g (10 sticks)
<b>Unit Dimension (Approx.)</b>	Carton size 7.9" (L) x 5.5" (W) x 2.08" (H). One pouch per carton.
<b>Unit Lot Code &amp; Date Code Format</b>	Unit Code: YJJGAP013 HH:MM Best If Used By: MMM DD YYYY
<b>Number of Unit Per Case</b>	6 cartons
<b>Case Dimension (OD)</b>	11.25" (L) x 6.94" (W) x 8.75" (H)
<b>Case Lot Code &amp; Date Code Format</b>	Unit Code: YJJGAP013 Lot Code: YJJGFH000 Best If Used By: MMM YYYY



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**Palletization:**



	Shipper (OD)	Unit Load (Incl. Pal)
Length (in)	11.2500	45.000
Width (in)	6.9375	39.000
Height (in)	8.7500	48.750
Net Weight (lb)	3.00	330.00
Gross Weight (lb)	3.50	450.00
Cases per layer	22	
Layers per load	5	

**Note** GMA (Notched) 48.000 x 40.000 x 5.000  
 Pallets can be double-stacked-At 2 pallets high btm box will support 34.45 LBS. @S.F. of 14.96