

# FINISHED PRODUCT SPECIFICATION (US) | Retail

# Plant-Based Fish Fillets, Breaded



Product	Plant-Based Breaded Fish Fillets ready
Description	to cook and serve on a burger bun, as
Description	an entrée and on top of salad.
Itama Cada	·
Item Code	100300FG01020123
UPC	00859543007287
SCC	10859543007284
Ingredients	WATER, GOOD CATCH® 6-PLANT
	PROTEIN BLEND (PEA PROTEIN
	ISOLATE, SOY PROTEIN
	CONCENTRATE, CHICKPEA FLOUR,
	FABA PROTEIN, LENTIL PROTEIN, SOY
	PROTEIN ISOLATE, NAVY BEAN
	POWDER), WHEAT FLOUR,
	SUNFLOWER OIL, CORN STARCH,
	NATURAL FLAVORS,
	METHYLCELLULOSE, YEAST EXTRACTS,
	SUGAR, SALT, CORN MALTODEXTRIN,
	GARLIC POWDER, ONION POWDER,
	CORN FLOUR, YEAST, SPICES,
	XANTHAN GUM, ANNATTO EXTRACT,
	ACETIC ACID.
	CONTAINS SOY AND WHEAT.

#### **Sensory and General Standards:**

Color	Uniform golden yellow.
Texture	Flaky whitefish texture with light and crispy breading coating.
Flavor	Typical breaded fish flavor. No rancid or off notes.
Aroma	Typical breaded fish note. No rancid, off or strong odor.
Approx. Piece Weight	113.4g

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Prepared By: Tina Gim	Supersede: October 6, 2021	Page <b>1</b> of <b>6</b>



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#### **Food Safety and Quality Standards:**

- This product is processed under sanitary conditions in accordance with good manufacturing practices and HACCP/ Food Safety Plan.
- This product complies with the specified requirements listed below sections.

#### **Nutritional Information:**

Nutritic 2 servings per container Serving size 1 Pla			act readed Fillet (1	Fish
	Per s	erving	Per cor	ntainer
Calories	20	00	41	0
	% Daily	Value*	% Daily	Value*
Total Fat	11g	14%	21g	27%
Saturated Fat	1g	5%	2.5g	13%
<i>Trans</i> Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	470mg	20%	950mg	41%
Total Carbohydrate	14g	5%	27g	10%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	1g		2g	
Includes Added Sugars	0g	0%	0g	0%
Protein	12g	17%	24g	34%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	30mg	2%	60mg	4%
Iron	2.2mg	10%	4.4mg	25%
Potassium	90mg	2%	190mg	4%

<sup>\*</sup>The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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### **Allergen Information:**

Allergens/ Sensitizers of Interest	Present in Product	Present in other products on same production line	Present in Same Facility
Peanuts and its derivatives	No	No	No
Tree Nuts and its derivatives	No	No	No
Milk and its derivatives	No	No	No
Eggs and its derivatives	No	No	No
Soy and its derivatives	Yes	Yes	Yes
Wheat and its derivatives	Yes	Yes	Yes
Fish and its derivatives	No	No	No
Crustacean Shellfish and its derivatives	No	No	No
Molluscan Shellfish and its derivatives	No	No	No
Mustard	No	Yes	Yes
Sesame	No	No	No
Sulfites (added)	No	No	No
Sulfites (naturally occur)	<10 ppm	Yes	Yes
Gluten (e.g. barley, rye, and oats)	Yes - Wheat	Yes - Wheat	Yes - Wheat
Celery and its derivatives	No	Yes	Yes
Lupin	No	No	No
Monosodium Glutamate	No	No	No
Seeds (e.g. poppy, sunflower, cottonseeds)	No	No	No

### **Microbe Specification:**

\*these parameters are not tested on every lot\*

Microbe	Specification Limits	Method
Aerobic Plate Count	≤1.0 x 10 <sup>7</sup> cfu/g	AOAC 990.12, 986.33, 989.10
Enterobacteriaceae	≤1.0 x 10 <sup>4</sup> cfu/g	AOAC 2003.01



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#### **Product Picture**



#### **Products in Packaging**



#### **Cooking Instruction:**

The product is not ready to eat, and it is uncooked.

The product is ready to cook.

- Stovetop instructions:
  - 1. Cook from frozen, preheat skillet over medium heat and add 2 tsp of oil.
  - 2. Place frozen fish fillet on skillet.
  - 3. Cook fish fillet for 8-10 minutes in total until golden brown and crispy (flipping halfway).
- Air Fryer instructions:
  - 1. Cook from frozen, preheat air fryer at 360°F (182°C).
  - 2. Lightly brush/spray frozen fish fillet with oil. Air fry fish fillets for 13 minutes then flip.
  - 3. Air fry for another 7-8 minutes until golden brown and crispy.
- Toaster Oven Instructions:
  - 1. Cook from frozen, preheat oven at 425°F (218°C).
  - 2. Lightly brush/spray pan and frozen fish fillet with oil. Bake fish fillet on tray for 18 minutes then flip.
  - 3. Bake fish fillet for another 6-7 minutes until golden brown and crispy.

Suggestion: Let stand for 1-2 minutes before serving. Individual appliances may vary. For food safety, cook thoroughly until internal temperature reaches  $165^{\circ}F$  ( $74^{\circ}C$ ). These cooking instructions are guidelines only.



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#### **Other Product Attributes:**

Shelf Life	12 months
Recommended Storage	Frozen at -18 °C or 0 °F
Country of Origin	USA
National Bioengineered (BE) Food Disclosure Standard Declaration	Contain bioengineered ingredients but considered to be non- detectable per 7 CFR 66.9
Vegan Statement	Suitable for a vegan diet

# **Packaging Materials:**

Primary Packaging	PA/EVOH/PE Coextruded film
Secondary Packaging	Corrugated liner combination 35-23-35 (Recycled 35# liners with a recycled 23# medium)

# Packaging Details (1 case):

Unit Weight	8 oz or 227 g (2 fillets) per pouch, hermetically sealed
Unit Minimum Weight	218 g (2 fillets)
Unit Dimension (Approx.)	Carton size 7.9" (L) x 5.5" (W) x 2.08" (H). One pouch per carton.
Unit Lot Code & Date Code Format	Unit Code: YJJJGAP012 HH:MM Best If Used By: MMM DD YYYY
Number of Unit Per Case	6 cartons
Case Dimension (OD)	11.25" (L) x 6.94" (W) x 8.75" (H)
Case Lot Code & Date Code Format	Unit Code: YJJJGAP012 Lot Code: YJJJGFH000 Best If Used By: MMM YYYY



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#### **Palletization:**

